

BOSTON MEMORY CAFES

A memory café is a welcoming place for people with forgetfulness or other changes in their thinking and for their family and friends. All cafés share one goal: to help guests feel comfortable and to know that they are not alone. Cafés are a place to talk with others who understand what you are going through, to forget about limitations and instead focus on strengths, to enjoy other's company, and to explore something new. Please find below most memory cafés in the Boston area.

*Memory Café Jamaica Plain (Spanish speaking café)

Where: Health Promotion Center,
10B Green Street,
Jamaica Plain, MA

When: Usually meets the last
Thursday of the month
1:00-3:00 p.m.

Contact: Nuria Silva at
617-635-4366,
nuria.silva@boston.gov

*Memory Café East Boston

Where: Don Orione Home
111 Orient Avenue,
East Boston, MA

When: Usually meets the fourth
Wednesday of the month
10:30 a.m.-noon

Contact: Renee Frechette at
617-635-4366,
renee.frechette@boston.gov

*Golden Age Memory Café Charlestown

Where: BCYF Golden Age
Senior Center, 382 Main Street,
Charlestown, MA

When: Usually meets the third
Wednesday of the month
9:30-11:00 a.m.

Contact: Renee Frechette at
617-635-4366,
renee.frechette@boston.gov

***Indicates Age Strong-run cafes.**

AGE+

City of Boston
Age Strong Commission
Mayor Martin J. Walsh

For questions, contact the Age Strong
Commission at (617)-635-4366

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*Memory Café Roxbury

Where: BCYF Vine Street Community Center, 339 Dudley Street, Roxbury, MA

When: Usually meets the second Friday of the month
9:30 a.m.-12:30 p.m.

Contact: Nuria Silva at 617-635-4366, nuria.silva@boston.gov

Candle Stick Memory Café Brighton

Where: Flatbreads, 76 Guest Street, Boston, MA

When: Usually meets the first Wednesday of the month
11 a.m.- 12:30 p.m.

Contact: Gordon Szerlip at 617-820-2534, gszerlip@coreypark.com, or Carly Ring at 203-804-8919, cring@sheehanhealthgroup.com

Thanks for the Memories Café Dorchester

Where: BCYF Grove Hall Senior Center, 51 Geneva Avenue, Dorchester, MA

When: Monthly, usually the first Monday of the month
11:00 a.m.-1:00 p.m.

Contact: Aidee Pomales at 617-635-1484, aidee.pomales@boston.gov

Ethos/AgeWell Memory Café West Roxbury

Where: BCYF Roche Family Community Center, 1716 Centre Street, West Roxbury, MA

When: Usually meets the second Tuesday of every month
1:00-3:00 p.m.

Contact: Ann Glora at 617-477-6616, aglora@ethocare.org

Memory Café West Roxbury

Where: German Centre for Extended Care, 2222 Centre Street, West Roxbury, MA

When: Usually meets the third Saturday of the month
1:00-3:00 p.m.

Contact: Carol Kelly at 617-390-3214, ckelly@germancentre.org or Diane Dunning at 617-325-9447, ddunning@germancentre.org

Jamaica Plain Memory Café (Will resume September 30)

Where: Jamaica Plain Branch, Boston Public Library, 30 South Street, Jamaica Plain, MA

When: Monthly, usually the last Monday of the month
11:00 a.m. - 12:00 p.m.

Contact: Laura Pattison at lpattison@bpl.org